

The *Spiritual Values Inventory* ©

Welcome to the *Spiritual Values Inventory*. This inventory is designed to assist you in examining your life in the context of your spiritual values. Please complete the Inventory by entering the number that represents your answer in the blank to the right of each statement. Sometimes the choices may not seem to fit the way you would like to answer. At those times, please choose the answer that seems closest to your desired response.

Please use this Key to record your responses. Please respond to all of the statements.

1 = this is never true for me 2 = this is seldom true for me 3 = this is sometimes true for me

4 = this is often true for me 5 = this is always true for me

1.	I have many friends.	
2.	Sometimes I'm sad or angry without knowing why.	
3.	I am truly connected to God.	
4.	Sometimes I am too emotionally dependent upon others.	
5.	I think I know what my "spiritual gifts" are.	
6.	It's too late for me to change.	
7.	I regularly read the Bible, or other material related to my spiritual values.	
8.	I spend a lot of time worrying about bad things that might happen.	
9.	I expect my life circumstances to improve.	
10.	I have no really close friends.	
11.	I am doing what God intends for me to do with my life.	
12.	I often feel guilty.	
13.	I feel able to change my life.	
14.	Most of my friendships are one-sided.	
15.	I'm helping to accomplish God's purpose for the world.	

Scoring instructions are on the reverse side of this sheet.

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Scoring the *Spiritual Values Inventory* is a simple, three-step process:

1. Using the table below, write your response for each statement in the space provided.
2. Reverse the score for items followed by "(R)." In order to do this, subtract your response for these statements from 6 in order to derive their corrected score. For example, if your response was "5," then $6 - 5 = 1$, which is the "true" score. Write the corrected scores by each of your responses.
3. Total all the scores—reversed and non-reversed alike. Your final score will be somewhere between 15 and 75.

In general, the higher your score, the more likely it is that you are aware of your core spiritual values, and that these values are helping you to grow spiritually and to live effectively. If your total score is fifty (50) or less, you may wish to discuss your scores with your Pastor, Bible Study Leader, or with someone else whose spiritual life you respect. God has more in store for you than you have yet discovered!

*"For I know the plans I have for you," declares the Lord,
"plans to prosper you and not to harm you,
plans to give you hope and a future" (Jeremiah 29:11).*

Subscale		Items in Scale	Score
<i>Vocation:</i> Your Sense of Life Direction	3	_____	
	5	_____	
	7	_____	
	11	_____	
	15	_____	
<i>Responsibility:</i> Your Sense of Living Effectively	2	_____ (R) _____	
	4	_____ (R) _____	
	8	_____ (R) _____	
	12	_____ (R) _____	
<i>Community:</i> Your Sense of being Connected to other People	1	_____	
	10	_____ (R) _____	
	14	_____ (R) _____	
<i>Hope:</i> Your Expectations about the Future	6	_____ (R) _____	
	9	_____	
	13	_____	
Total Score:		15-75	